

PSYCHODYNAMICS OF BIPOLAR DISORDER: AN ADLERIAN PERSPECTIVE (1 of 2)

A. Biological Shapers

B. Common Personality Traits & Faulty Logic:

1. Affect

- Feeling is a more superior function of the mind than common sense
- Emotional reactivity/hypersensitivity/subjective distress

2. Ambition to Achieve

- “Manic” striving for impressive or impossible feats

3. Rebellion against Obligation to Achieve

- Wanting unlimited freedom
- Exhausted refusal to participate in life (life tasks)
- Retreat from their high-flying goals to attitudes of weakness and dependence on others.

4. Birth Order

- Firstborn/only children