

## DSM-IV ON BIPOLAR DISORDER

### Clinical Disorders (Axis I): Mood Disorders

#### **Bipolar I Disorder:**

- one or more Manic Episodes or Mixed Episodes
- often one or more Major Depressive Episodes
- mania more predominant
- tremendous energy in between episodes
- genetic predisposition

#### **Bipolar II Disorder:**

- one or more Major Depressive Episodes
- at least one Hypomanic Episode
- harsh depressions with creative high moods
- first degree biological relatives have higher rates of BPII

#### **Cyclothymic Disorder:**

- milder form with chronic, unpredictable changes in mood
- for at least 2 years in adults/one year in children & teens
- hypomanic symptoms/depressive symptoms do not  
□meet the criteria for a Mood Episode

**Bipolar Disorder Not Otherwise Specified:** bipolar features with inadequate information to meet the criteria

**Mood Disorder Due to a General Medical Condition:**  
e.g. thyroid imbalance

**Substance-Induced Mood Disorder:** mood disturbance due to a drug of abuse, medication or toxin exposure

**American Psychiatric Association. (1994).**