

COMMON TRAITS: DUAL DIAGNOSIS OF BIPOLAR DISORDER & SUBSTANCE DEPENDENCE

- 1. To achieve their ambitious goal quickly,**
 - they use their drug of choice self-destructively,**
 - medicating away their concerns and problems.**

- 2. They have a continuous, unfilled emptiness left**
 - by excruciating pain, suffering and guilt for**
 - what they are doing to themselves and others**
 - around them.**

- 3. They attempt to repair their courage and escape**
 - their responsibilities by using substances.**

- 4. They depend on others to carry out their life's**
 - responsibilities, but they are in denial that this**
 - is actually taking place.**